Załącznik nr 5 do zarządzenia nr 189/2025

COURSE SPECIFICATION

Course code: 0912-7LEK-C-Ps
Course title in Polish: Psychiatria
Course title in English: Psychiatry

1. Placement of the course within the study programme

1.1. Field of study	Medicine
1.2. Mode of study	Full-time
1.3. Level of study	Uniform Masters' study
1.4. Profile of study	General academic
1.5. Course specification author	Lek. Agnieszka Kuduk
1.6. Contact	agnieszka.kuduk@ujk.edu.pl

2. Generał characteristics of the course

2.1. Language of instruction	English
2.2. Entry requirements	

3. Detailed characteristics of the course

3.1. Type of classes	Lectures:20 (including 3 hours of e-learning), classes:20; practical classes:25
3.2. Place of course delivery	Lectures – Lecture Halls of UJK Classes- Didactic rooms at UJK Practical classes -Psychiatric Clinic
3.3. Form of assessment	Lectures – exam (test with final grade), classes– test, practical classes - test
3.4. Teaching methods	Lecture with multimedia presentation,, tutorials, classes
3.5.a. Basic reading list	1. DW Black, NC Andreasen. Introductory Textbook of Psychiatry. American Psychiatric Publishing,2011. 2. Psychiatry (second or third ed.) Michael G. Gelder, Richard Mayou, John Geddes, John Geddes (MD.) Oxford University Press, 2005 – 333 p.
3.5.b. Supplementary reading list	1.Pocket Handbook of Clinical Psychiatry Harold I. Kaplan, Benjamin J. Sadock Williams & Wilkins, 1996 – 406 p. 2.Kaplan and Sadock's Concise Textbook of Child and Adolescent Psychiatry Benjamin J. Sadock, Virginia A. Sadock, Harold I. Kaplan Lippincott Williams & Wilkins, 2009 – 236 p.

4. Objectives, content and learning outcomes

4.1. Course objectives (taking into account the form of classes)

Lectures

C1- recognition of mental disorders - lectures
C2- providing skills for patient examination, to state a diagnosis and for treatment planning – classes, lectures
C3- treatment of chosen disorders – practical classes
C4- contribution in prevention programs – classes

Course learning outcomes

1. Epidemiology and mental disorders basement
2. Psychopathology
3. Division of mental disorders
4. Psychoses and personality disorder
5. Diagnostic in psychiatry

Classes

1. Sleep disorder
2. Psychoactive substances addiction disorder
3. Eating disorder
4. Stress and adaptive disorder
5. Somatization disorder
6. Organic disorders
7. Hormonal imbalances underlying the mental disorders
8. Test

Practical classes

Hourly contribution

1. Verbal contact with patient
2. Psychiatric examination
3. Schizophrenia
4. Affective disorders: Types, Symptoms, and Treatments
5. Neurosis and somatization
6. Eating disorders
7. Personality disorders
8. Mental retardation
9. Treatment in psychiatry
10. Chosen aspects of psychotherapy

4.3 Course learning outcomes

Course learning outcomes (code)	Upon completion of the course, the student	Alignment with programme learning outcomes
in the area of **KNOWLEDGE**, the graduate knows how to:		
W01	environmental and epidemiological conditions for the most common diseases;	E.W1.
W02	basic concepts of the pathogenesis of mental disorders;	E.W15.
W03	overall symptomatology of mental disorders and the principles of their classification according to the main classification systems;	E.W16.
W04	symptoms, principles of diagnosis and therapeutic process of most common mental illness, including: 1) schizophrenia, 2) affective disorders 3)neurosis and adjustment disorders, 4) eating disorders, 5) disorders associated with the use of psychoactive substances, 6) sleeping disorders;	E.W17.
W05	the principles of diagnosis and management in emergency psychiatry;	E.W18.
W06	the characteristics of mental disorders and their treatment in children, adolescents and adult patients;	E.W19.
W07	psychiatric symptoms in outcome of somatic diseases, their impact on the outcome of the main disease,	E.W20.

W08	human sexuality and fundamental disorders related to thereto;	E.W21.
W09	provisions relating to mental health, with particular emphasis on the rules of admission to psychiatric hospitals;	E.W22.
in the area of **ABILITIES**, the graduate knows how to:		
U01	conduct full and targeted physical examination of the adult patient;	E.U3.
U02	conduct psychiatric examination;	E.U5.
U03	assess patient's general condition, consciousness and awareness;	E.U7.
U04	perform differential diagnosis of the most common diseases in adults and children;	E.U12.
U05	assess and describe the somatic and mental state of patients;	E.U13.
U06	recognize states of a direct threat to life;	E.U14.
U07	recognize when a patient is under the influence of alcohol, drugs and other addictive products;	E.U15.
U08	plan diagnostic, therapeutic and preventive procedures;	E.U16.
U09	conduct analysis of the potential side effects of each drug and the interaction between them;	E.U17.
U10	qualify the patient for home treatment and hospitalization;	E.U20.

in the area of social competences:

K01	establish and maintain deep and respectful contact with the patient and show understanding towards ideological and cultural differences;	H.S1.
K02	do what is right for the patient;	H.S2.
K03	respect medical confidentiality and patient's rights;	H.S3.
K04	take actions concerning the patient on the basis of ethical principles, being aware of social conditions and restrictions resulting from illness;	H.S4.
K05	recognize his/her own limitations and self-evaluate educational deficiencies and needs;	H.S5.
K06	promote healthy lifestyle;	H.S6.
K07	use reliable information sources;	H.S7.
K08	conclude on the basis of own surveys and observations;	H.S8.
K09	introduce rules of social conduct and teamwork to the group of specialists, including specialists form other medical professions also in the multicultural and multinational environment;	H.S9.
K10	give opinions concerning various aspects of professional activity;	H.S10.
K11	take responsibility for own decisions made during professional activities including own safety and safety of other people;	H.S11.

4.4 Assessment methods for learning outcomes

Assessment method (+/-)

Course learning outcomes (code)	Oral/written/ practical examinaion /other (specify)*	Test*	Project*	In-class activity*	Independent study*	Group work*	Other (specify)*

Type of classes

1: / 2:	L	S	CP	L	S	PC	L	S	PC	L	S	PC	L	S	PC	L	S	PC	L	S	PC	

W01	+	+																				
W02	+																					
W03	+	+																				
W04	+	+															+					
W05	+	+															+					
W06	+	+															+					
W07	+	+															+					
W08	+																+					
W09	+																+					
U01		+															+					
U02		+															+					
U03		+															+					
U04		+															+					
U05		+															+					
U06		+															+					
U07	+	+															+					
U08		+															+					
U09		+															+					
U10		+															+					
K01-K11																			+	+		

Annotation. 1: form of classes; 2: learning outcomes

4.5 Assessment criteria for learning outcomes

Type of classes:

Lectures (L) (including classes conducted with the use of distance learning methods and techniques)

Grade	Assessment criteria
3,0	61% -68% correct answers
3,5	69% - 76% correct answers
4,0	77% - 84% correct answers
4,5	85 % -92% correct answers
5,0	93% - 100% correct answers

5 ECTS credit allocation – student workload

Category	Student workload (full-time mode)
NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER (CONTACT HOURS)	**65**
Participation in lectures*	**17**
Participation in seminars/laboratories*	**45**
Other (specify) e.g. classes conducted with the use of distance learning methods and techniques*	**3***
INDEPENDENT STUDY (NON-CONTACT HOURS)	**35**
Preparation for lectures*	**5**
Preparation for seminars/laboratories*	**15**
Preparation for examination/test*	**15**
Gathering materials for project, online research*	
Preparation of a multimedia presentation*	
Other (specify)*	

TOTAL HOURS	**100**
ECTS CREDITS for the course	**4**

***** e-learning (without participation of the lecturer)

Approved for implementation (date and legible signatures of course instructors in the given academic year):

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